



MADE TO MOVE

an activity that increases the oxygen in the brain and taps into the energy in the body



1. LIFE SAVER

[TALK ABOUT GOD | BIBLE STORY

REVIEW] WHAT YOU NEED: ring toss game, cones

WHAT YOU DO:

- Divide your group into two teams.
- Invite the teams to come up with team names.
- Place the cones in the middle of the teams.
- Instruct the teams to line up facing the cones. (Like they're lining up to play dodgeball.)
- Direct each team to toss the rings and attempt to "save a cone" for their team's score.
- When they successfully get a ring around a cone, instruct them to yell, "One saved for team ____!" "Two saved for team ____!" (So they can keep score.)
- Once a cone has been saved, a team can't put another ring around it.
- Once all cones have a ring, direct the teams to pick up the rings and begin another round.
- The team with the most saves at the end of each round, wins!
- Once the ring toss game is over, direct the kids to circle up.
- Ask the Bible Story Review Questions below.

TODAY'S BIBLE STORY

Jesus Is Alive
John 18–21:14

TODAY'S BOTTOM LINE

You can trust Jesus with your life.

KEY QUESTION

What does it mean to trust Jesus?

MEMORY VERSE

"Whoever believes in me . . . rivers of living water will flow from within them."
John 7:38, NIV

BASIC TRUTH

I can trust God no matter what.

WHAT YOU SAY:

"You all had some pretty amazing saving skills, but there is no life saver who tops Jesus. He paid the ultimate price to rescue us. There were no lengths He wouldn't go to because He thinks you are worth it. He died and then defeated death so we could have a relationship with Him that lasts forever. There has never been, nor will there ever be, a greater life-saving story! This is why **You can trust Jesus with your life.**" [Make it Personal] (Share about when you decided to trust Jesus with your life for the first time. What prompted your decision? What is your relationship with Him like now?)

Bible Story Review Questions:

1. Where did Jesus and His friends go to pray? (*the Garden of Gethsemane*)
2. What did one of Jesus' friends do after He was done praying? (*he betrayed Jesus*)
3. What happened to Jesus? (*Jesus was arrested.*)
4. What happened to Jesus after He was arrested? (*He was beaten, made fun of, and ultimately crucified on a cross.*)
5. Where was Jesus buried when He died? (*a tomb*)
6. When Mary went to visit Jesus' tomb, what did she find? (*She found the tomb was empty. Jesus appeared to her because He had risen from the dead.*)
7. Why did Jesus die on the cross? What was His ultimate mission? (*to make a way for all people to be with God now and forever*)
8. What does this story mean for me and you? (*We can put our trust in Jesus as our Savior and have a relationship with Him that lasts forever.*)



MADE TO EXPLORE

an activity that extends learning through hands-on experimentation and discovery



2. STAY AFLOAT

[LIVE FOR GOD | APPLICATION ACTIVITY]

WHAT YOU NEED: honey; milk; dish soap; vegetable oil; clear, plastic cups; food coloring; Bible

WHAT YOU DO:

- Encourage kids to sit in a circle.
- Place the three plastic cups in front of you.

TODAY'S BIBLE STORY

Jesus Is Alive
John 18–21:14

- Whenever possible, let a kid volunteer do the step of the experiment.
- Filling each cup about ¼ full, put honey in one cup, milk in the second cup, and dish soap in the third cup.
- One at a time, share the challenges below.
- Discuss each challenge by asking questions like: “Has this ever happened to you?” “Why is this such a hard thing to do?”
- Challenges:
 - Not wanting to obey your parents.
 - Being kind to someone even when they weren’t kind to you.
 - Doing homework versus doing other fun things.
- Once kids are finished discussing, place a few drops of food coloring in each cup.
- Point out how the coloring is mixing in and getting the substance messy.
- Say: “The food coloring mixing with the different substances represents the mess that happens when we don’t obey our parents, when we aren’t kind to someone who was unkind to us, or when we choose to do other fun things instead of our homework.”
- Ask the following questions:
 - How does life get messy when we don’t obey our parents?
 - How does life get messy when we are unkind back to someone who’s unkind to us?
 - How does life get messy when we choose to play instead of doing homework or chores?
- Focusing on one challenge at a time, open the Bible and read the verse that correlates with that specific challenge.
 - Not wanting to obey your parents. (Colossians 3:20)
 - Being kind to someone even when they weren’t kind to you. (Ephesians 4:32)
 - Doing homework versus doing other fun things. (Galatians 6:9)
- As you read the verse, pour approximately ¼ of a cup of vegetable oil into each cup.
- Point out how the oil rises to the top and “stays afloat.”
- Say: “Trusting Jesus with our lives and doing our best to follow Him helps us ‘stay afloat’ and not sink into the mess!”
- As the oil rises to the top, read the “Stay Afloat Solution” for each challenge.

TODAY'S BOTTOM LINE

You can trust Jesus with your life.

KEY QUESTION

What does it mean to trust Jesus?

MEMORY VERSE

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DAY
TWO
SUMMER 2022

SMALL GROUP

2-3

STORY

WORSHIP

GROUPS

ROTATIONS

HOME

(2. STAY AFLOAT, CONTINUED)

Stay Afloat Solution:

1. Obeying our parents can be hard, especially when they tell us to clean up our room or ask us to entertain a younger sibling, and all we want to do is play outside! But when we know that obeying is what God wants us to do, it reminds us that honoring them is a big deal. When we obey our parents, it shows that we trust Jesus with our life.
2. When someone isn't kind to you, it makes you want to be unkind to them back, doesn't it? But Paul, who wrote Ephesians, reminds us that Jesus forgave us even though we didn't deserve it or earn His kindness. Because we know Jesus did this for us, we can trust Him and show kindness to others who don't deserve it.
3. Staying focused on the things we know are important can be challenging when we have so many other fun options: video games, playing with our friends outside, relaxing on the couch while watching TV after a long day of school. But we can be reminded not to give up doing what we know we're supposed to do!

WHAT YOU SAY:

"You can trust Jesus with your life. Not only did He die for us so we can be with God now and forever, but focusing your life on following Jesus will help you deal with the 'messes' of life. Just like the oil stayed on top of the cup and didn't mix down with the mess, Jesus can help us stay afloat, knowing how to treat others and how to persevere when things get tough.

"There are so many challenges we face each and every day. Life can be hard sometimes! But the good news is, God didn't leave us to figure out this life on our own. God sent Jesus to save us and His Holy Spirit to guide us. Following Jesus doesn't mean our lives will be perfect. But it does mean you'll have help to face whatever life throws at you."



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3. MAKE WAVES

[HEAR FROM GOD | MEMORY VERSE ACTIVITY]

WHAT YOU NEED: Bibles

WHAT YOU DO:

- Pair kids up and make sure every other or every third kid has a Bible.
- Together, look up and read John 7:38 out loud.
- Recite the verse out loud several times.
- Encourage your group to stand in a circle and hold hands.
- Instruct one kid to start the wave by lifting their left arm and then their right, passing the wave to the right.
- With each wave, say one word of the verse together as a group.
- Continue the wave and reciting the Memory Verse as time and interest allow.

WHAT YOU SAY:

"You all were great at making waves with your arms, but don't forget to make waves with your life this week too! When we choose to follow Jesus, His Holy Spirit comes to live inside of us. He is the living water, and He will show us how to let God's love, goodness, and kindness flow out of us. He will show us how to make waves of kindness, waves of helpfulness, and waves of goodness to the people in our lives. **You can trust Jesus with your life.** And as you do, you'll be making waves in the world around you!"



MADE TO REFLECT

an activity that creates space for personal processing and application



4. PRAY
[PRAY TO GOD | PRAYER ACTIVITY]

WHAT YOU NEED: "Prayer Card: Day 3" Activity Page, markers

WHAT YOU DO:

- Pass out a prayer card to each kid.

TODAY'S BIBLE STORY

Jesus Is Alive
John 18–21:14

- Point out the "life preserver" symbol on the prayer card.
- Say: "Just like a life preserver can rescue someone who needs help in the water, Jesus came to rescue us by going to the cross. That's why: **You can trust Jesus with your life.**"
- Invite kids to turn over their prayer card and write a one-sentence prayer of gratitude to Jesus for being our Savior.

TODAY'S BOTTOM LINE

You can trust Jesus with your life.

WHAT YOU SAY:

"Dear God, thank You for sending Jesus to die on the cross to save the world. You gave Your one and only Son so we could have a relationship with You that lasts forever. That kind of love is bigger than we can even imagine. Because You love us that big, we know that **You can trust Jesus with your life.** When we go through hard times, remind us of what Jesus did for us. Please help us listen to Your Holy Spirit so we can put our trust in You with every decision we make. Help us to show others that You are worthy of all of our trust. We love You and we pray these things in Jesus' name. Amen."

KEY QUESTION

What does it mean to trust Jesus?

Travel Time

As you travel to the next track, use the following questions to keep the conversation going and to keep kids thinking about what they're learning!

MEMORY VERSE

"Whoever believes in me . . . rivers of living water will flow from within them."
John 7:38, NIV

WHAT YOU SAY:

- Have you ever used something to float on water—like in a pool or lake? What did you use?
- What's your favorite thing to eat for breakfast?
- Have you ever eaten breakfast on the beach?

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What to Do:

Print on cardstock and cut apart. Provide one for each kid.