



PRELUDE

SOCIAL

STORY

WORSHIP

GROUPS

HOME

MADE TO EXPLORE

an activity that extends learning through hands-on experimentation and discovery



OPENING ACTIVITY

WHAT YOU NEED: "It's a Plan" Activity Pages and Play-Doh®

WHAT YOU DO:

- Give each kid a container of Play-Doh in any color and an "It's a Plan" Activity Page.
- Help kid follow the step-by-step pictures on the Activity Page to create a bear using their Play-Doh.
- Some may need help in portioning out the Play-Doh in order to have enough for each part of the bear.
- When finished, let kids take turns showing their bears to one another and seeing how closely they match the others.

TODAY'S BIBLE STORY

Fall Asleep

Jacob's Dream
Genesis 28:10-22

(supporting: Genesis 25:19-34; 27)

TODAY'S BOTTOM LINE

You can trust that God has a plan.

MONTHLY MEMORY VERSE

"Trust in the Lord with all your heart. Do not depend on your own understanding."

Proverbs 3:5, NIV

MONTHLY VIRTUE

Trust—Putting your confidence in someone you can depend on

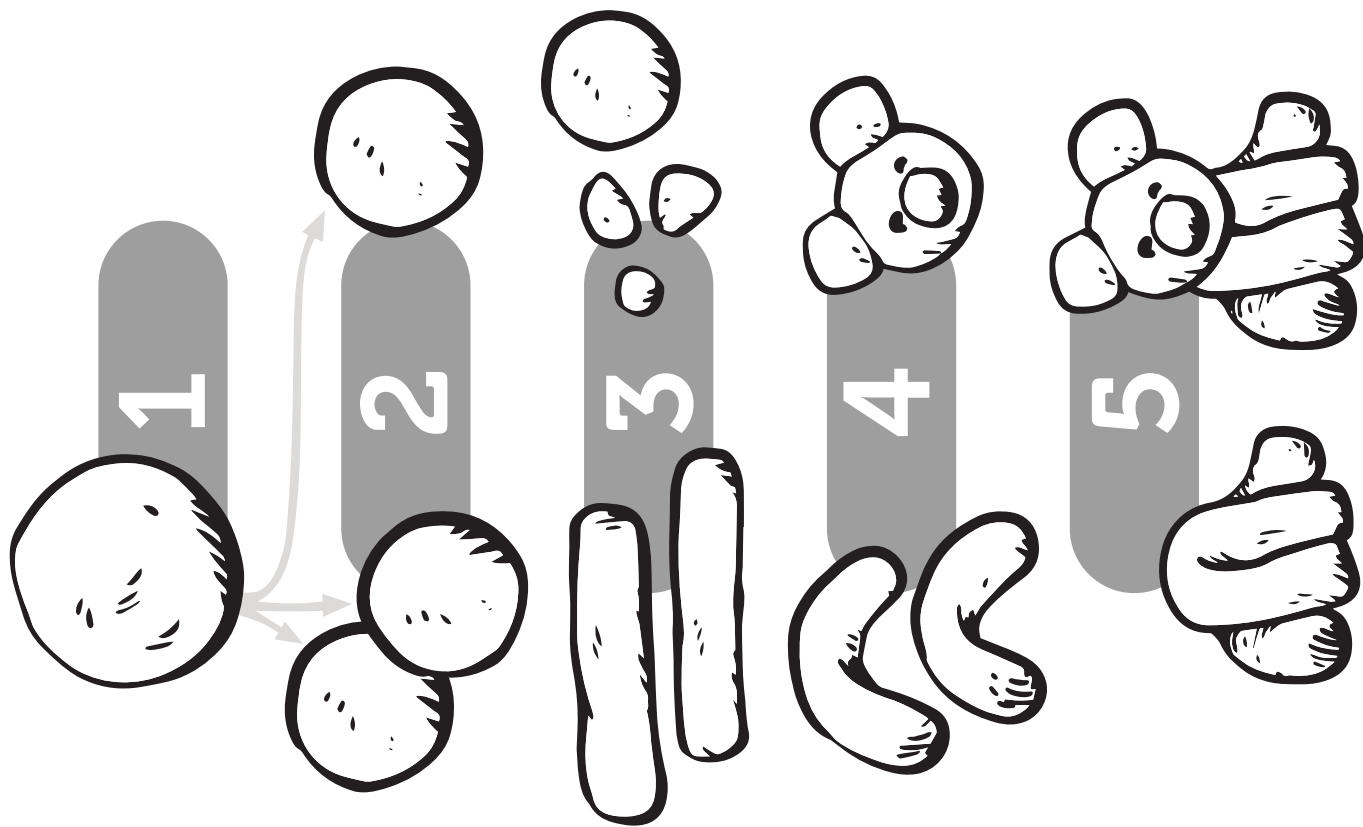
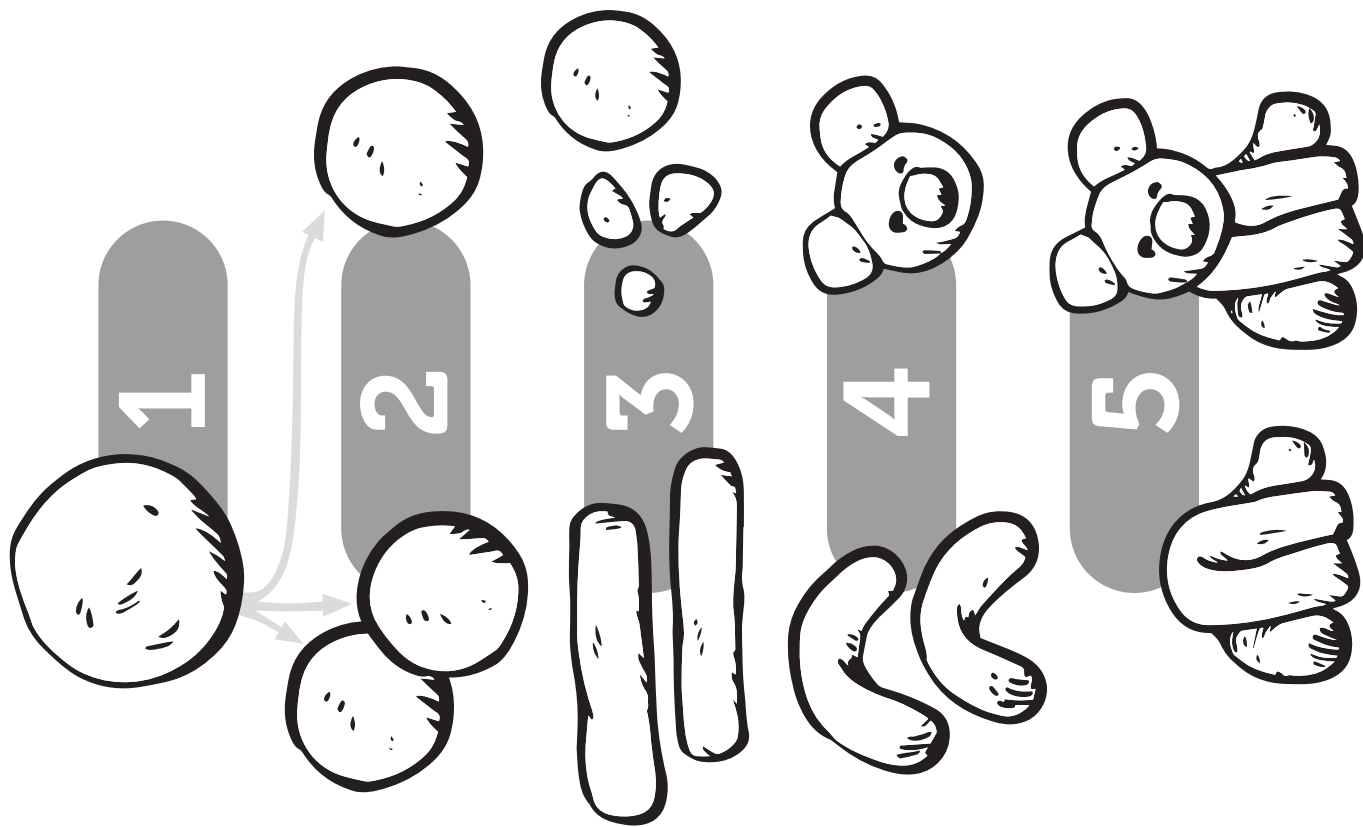
BASIC TRUTH

I can trust God no matter what.

WHAT YOU SAY:

"We had a plan that helped us make these cute little Play-Doh bears. You trusted the plan, followed it, and look how great your bear turned out. Did you know that God has a plan for each of US? We can't see it the way we can see the plan for making a Play-Doh bear, but we can still trust it. We can discover God's plans when we learn what's in the Bible so **[Transition] let's go to Large Group and hear how someone trusted God's plan even though they didn't know everything God would do.**"

Lead your group to the Large Group area.



What to Do:
Print and cut apart. Provide one instruction card for each kid.



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MADE TO MOVE

an activity that increases the oxygen in the brain and taps into the energy in the body



WHO SAID THAT?

[TALK ABOUT GOD | BIBLE STORY REVIEW]

WHAT YOU NEED: "Who Said That?" Activity Pages

WHAT YOU DO:

- Hold up the pictures of Isaac, Jacob, Rebekah, and Esau from the "Who Said That?" Activity Pages and let kids share one thing they remember about each character from today's Bible story. (It's okay if there are repeated answers.)
- Place the pictures in four different areas of the room.
- Explain that you will read a statement and the kids should run/walk quickly to the picture of the person in the story they think could have spoken those words.
- Use the statements below or add others that are distinct to one of the four main characters.
 - Are your arms as hairy as mine? (*Esau*)
 - I made this stew, and it is delicious. (*Jacob*)
 - I have twin sons. (*Isaac or Rebekah*)
 - I love to hunt. (*Esau*)
 - I have a special blessing to give my oldest son. (*Isaac*)
 - I gave away something very valuable for a bowl of stew. (*Esau*)
 - I helped Jacob pretend to be Esau. (*Rebekah*)
 - I got something that wasn't mine by being sneaky. (*Jacob*)
 - I sent Jacob to live with my brother. (*Rebekah*)
 - I went to live with my Uncle Laban. (*Jacob*)
 - My name sounds like "see-saw." (*Esau*)
 - I used a rock for a pillow and had a dream about God's plan. (*Jacob*)
 - I'm old and can't see very well. (*Isaac*)

TODAY'S BIBLE STORY

Fall Asleep

Jacob's Dream
Genesis 28:10-22

(supporting: Genesis 25:19-34; 27)

TODAY'S BOTTOM LINE

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MONTHLY MEMORY VERSE

"Trust in the Lord with all your heart. Do not depend on your own understanding."

Proverbs 3:5, NIV

MONTHLY VIRTUE

Trust—Putting your confidence in someone you can depend on

BASIC TRUTH

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WHAT YOU SAY:

"Some of the people in our story made some very bad choices, but God was still with them. Even though Jacob did some pretty sneaky things, God didn't go back on that promise to bless the world through Isaac's family. They were part of God's big plan to one day send Jesus, and even though they messed up, they couldn't stop God's big plan. How can we know that? Because many hundreds of years later, Jesus was born into Jacob's family line as part of the plan to bless the whole world just as God said. **You can trust that God has a plan**, and you're part of it, too. God's plans are bigger and better than you can imagine. God knows everything about you and is with you every day. You can trust that God's plan is the best plan because God loves you. And because of that, we can trust and depend on God, no matter what."



ESAU

What to Do:

Print on heavy paper or cardstock. Provide one set for each small group.



What to Do:
Print on heavy paper or cardstock. Provide one set for each small group.

"Who Said That?" Activity Page 2/4
September 2022, Week 3, Small Group K-1
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JACOB

What to Do:

Print on heavy paper or cardstock. Provide one set for each small group.



What to Do:
Print on heavy paper or cardstock. Provide one set for each small group.

"Who Said That?" Activity Page 4/4
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MADE TO PLAY

an activity that encourages learning through following guidelines and/or working as a group



HIGH WIRE CRITTERS

[LIVE FOR GOD | APPLICATION ACTIVITY]

WHAT YOU NEED: "High Wire Critters" Activity Page cards and prepared tape lines

WHAT YOU DO:

- Gather kids near the tape lines.
- Ask the kids to spread out and stand between the rows of tape as if it was a bridge.
- Tell them to imagine that the bridge is high above a river, and they definitely don't want to fall off.
- Tape a "High Wire Critter" card to the front of each kid's shirt.
- Make sure the animal pictured on the card is different from the one on the floor they are standing near.
- Explain that they must work together to come up with a plan to get each kid to the card on the bridge that matches the one on their shirt.
- They will need to help each other squeeze past without anyone stepping off of the bridge.
- Assist as needed if kids can't figure out how to move past one another without stepping off the lines of tape or aren't able to find their card.

TODAY'S BIBLE STORY

Fall Asleep

Jacob's Dream
Genesis 28:10-22
(supporting: Genesis 25:19-34; 27)

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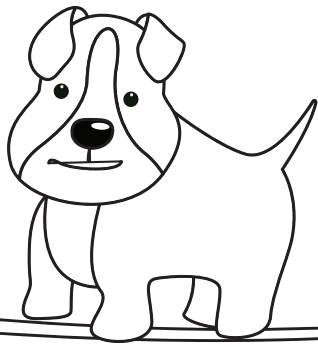
BASIC TRUTH

I can trust God no matter what.

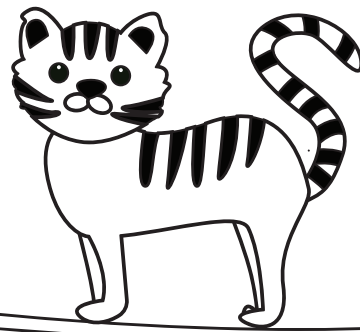
WHAT YOU SAY:

"What a great job you did of coming up with a plan, working together, and helping each other move to the right place on the bridge. Plans and ideas help us get things done. Sometimes our plans work, and sometimes they don't. But God's plans never fail. They are always good because GOD is good. They are always right, because God is right. **You can trust that God has a plan.** In fact, God has a plan to make things right. God sent Jesus to save the world and show us how to love others. Because of Jesus, we can have a relationship with God now and forever."

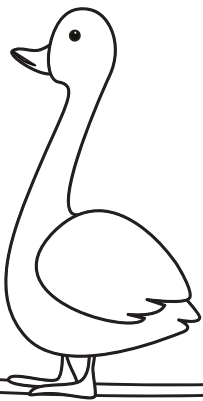
[Make it Personal] (Tell the kids about a time plans you made fell through and you were disappointed but you trusted God's bigger plan. What did you do to show your trust? How did God help you?)



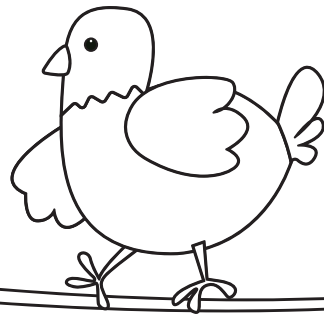
Dog



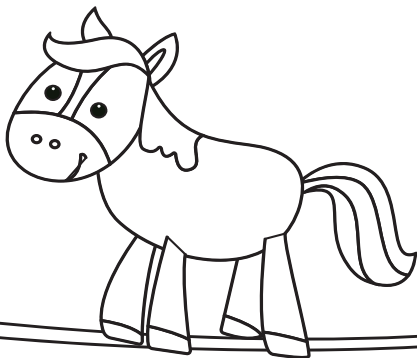
Cat



Duck

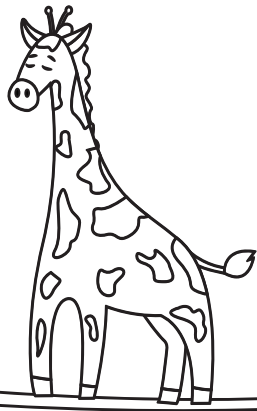


Bird

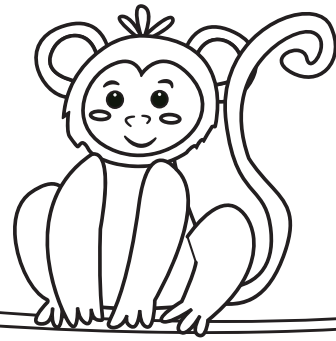


Horse

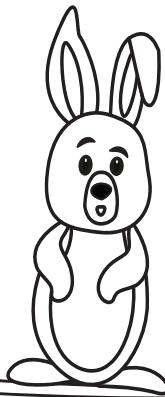
What to Do:
Print on cardstock and cut apart. Provide two sets for each small group.



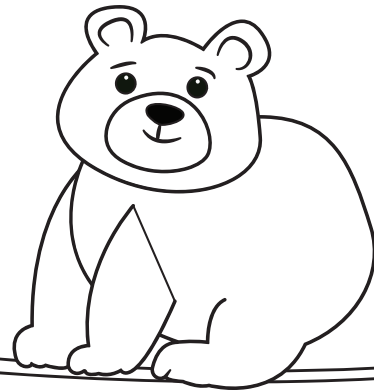
Giraffe



Monkey



Rabbit



Bear



Lion

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"High Wire Critters" Activity Page 2/2
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FIERY HOOP HOPPING

[HEAR FROM GOD | MEMORY VERSE ACTIVITY]

WHAT YOU NEED: Bible and prepared hula-hoops

WHAT YOU DO:

- Look up and read Proverbs 3:5 aloud then ask the kids to repeat after you.
- Help them understand the word trust, emphasizing that trust is putting your confidence in someone you can depend on.
- Create a “fiery hoop” course for kids to run through.
- Depending on the space available, arrange some of the hoops in a line on the floor while holding others upright at a height kids can easily jump through.
- Consider letting kids take turns holding the hoops for those who are running the course.
- Challenge kids to take turns jumping from hoop to hoop as they say the verse in a pattern such as this:
 - Hoop 1—Trust
 - Hoop 2—in the Lord
 - Hoop 3—with all your heart.
 - Hoop 4—Do not depend
 - Hoop 5—on your own understanding.
- Tell kids to pretend the hoops are on fire and they must move as quickly as they can so they don’t get burned.
- Give each kid at least one turn to run the course and say the verse.
- Rearrange the course with the hoops in different positions and repeat as time allows.

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MONTHLY VIRTUE

Trust—Putting your confidence in someone you can depend on

BASIC TRUTH

I can trust God no matter what.

WHAT YOU SAY:

“I’m glad our fiery hoops didn’t have REAL flames on them, aren’t you? We might have been scorched! Circus performers who jump through fiery hoops need to have a plan that is safe—one they can trust so they don’t get burned. **You can trust that God has a plan**—not for jumping through hoops of fire but for blessing the whole world through Abraham’s family. God’s plans are always good. And God will help guide you as you learn more about how to follow Jesus and hopefully ‘trust in the Lord with all your heart.’”



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MADE TO REFLECT

an activity that creates space
for personal processing
and application



PRAY

[PRAY TO GOD | PRAYER ACTIVITY]

WHAT YOU NEED: No supplies needed

WHAT YOU DO:

- Invite the kids to form a wide circle around you, about seven steps away.
- Tell kids to take one step forward into the circle each time you pause in your prayer.
- Ask them to repeat what you said as they take a step to show that they are praying along with you.

WHAT YOU SAY:

- "Dear God, You are good. *(Pause as kids repeat.)*
- "You are faithful. *(Pause.)*
- "You are loving. *(Pause.)*
- "You are kind. *(Pause.)*
- "You always keep Your promises. *(Pause.)*
- "Help us remember **you can trust that God has a plan.** *(Pause.)*
- "We love You. Amen." *(Pause.)*

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Trust—Putting your confidence
in someone you can depend on

BASIC TRUTH

I can trust God no matter what.

Trust is putting your confidence in someone you can depend on.

Read: Proverbs 16:3

DAY

1

Trust God

Make an acrostic for the word TRUST. With the help of an adult look up: attributes of God. Use the list you find to write out attributes that start with the letters in the word trust.

THANK God for being worthy of trust.

DAY

2

Trustworthy to Follow

Find something that you can hide in your house that will be the “treasure.” After you hide the treasure, create a map that correctly leads someone to it. Make your map accurate yet easy to follow! Have fun!

KNOW that when you follow God, you will be led to the truth.



DAY

3

Trust The Plan

This week’s verse, Proverbs 16:3, says if we tell God our plans, we will have help. Read through this week’s verse and say it out loud a few times. Try working up to memorizing it!

ASK God to show you what plans are right for you.



DAY

4

God’s Plan

God’s plan is always better than ours. Pray and ask God to show you the best plan.

Dear God, I know that you know all of the plans I have for my life. Plans to help me grow, learn, and be my best. God, I pray that I can always follow Your plan even when I want to only follow my own. I want to learn to trust you always. I love you, Amen.

LOOK for God in your plans.



You can trust that
God has a plan.



You can TRUST
that GOD has
a plan.